



**The Lonavla
Yoga Institute
(India)**



GAYO FITNESS ACADEMY
AND RESEARCH CENTER PRIVATE LIMITED
Professional Education, Consulting, Management.

Certificate Course for
Integrated Yoga Teachers

GAYO FITNESS ACADEMY

CERTIFICATE COURSE FOR INTEGRATED YOGA TRAINERS – CCIYT

- ✓ Joint Certification by **GAYO FITNESS ACADEMY AND LONAVLA YOGA INSTITUTE (INDIA)**
- ✓ Jointly conducted with **LONAVLA YOGA INSTITUTE (India)** which has branches in **60 countries**.
- ✓ CCIYT specially developed for fitness professionals by Dr Manmath Gharote ji, internationally respected Yoga Teacher, Scholar and Author.
- ✓ Dr Gharote ji teaches on basis of Sage Patanjali's Yoga Sutra and specifically Sage Sundardeva's Hathatatvakaumudi.
- ✓ CCIYT focuses on Ashtanga principles - Yoga practice through all its 8 limbs.
- ✓ His teachings are based on ancient Yoga manuscripts sourced from world over!



Dr Manmath Gharote ji
with original
manuscripts

CCIYT LEARNING RESOURCES

- 3 textbooks, 1 eBook and about 80 Yogasana videos!
- Bi-lingual Margadarshaks (Yoga Teachers) teaching in English and Hindi or Assamese, Bengali, Gujarati, Kannada, Malayalam, Tamil and Telugu
- Online lectures MP4 video files. Via YouTube.
- Study support through Webinars, WhatsApp, YouTube
- **FREE PROFESSIONAL GUIDANCE AFTER ENROLMENT AND CERTIFICATION**



COURSE DURATION – approximately 200 hours

Includes offline and online teaching and practice as also guided home-study, self-study. Learner is taught, supervised or instructed by Dr Manmath Gharote ji and one of our Margadarshaks who facilitates learning and development Guided learning takes place whether face-to-face or online.

Our 4 Margadarshaks – from left: Shijith P, Saima Khan, Soma Bhataracharya, Dr Neha Wadhwa

CERTIFICATION AND FEE

₹29,500 including GST, learning resources and certification

STUDENT ELIGIBILITY

- MINIMUM ELIGIBILITY for CCIYT is 10 + 2 years of Schools Education.
- Must be physically and medically fit in body & mind
- Must have liking for physical movement / fitness / sport
- Physically Challenged can apply if they have liking for physical movement / fitness / sport

Call us on for information, terms & conditions and enrolment process!

MUMBAI: GAYO FITNESS ACADEMY NATIONAL Admin Office: +91 81048 39793
info@gayofitnessacademy.com

● **Andhra Pradesh / Telangana:** Usha Sri +91 96180 69357 (Hyderabad) ● **Assam & N. E. India:** Angshuman Dutta +91 99540 85215 (Guwahati) ● **Chhattishgarh / M. P.:** Neha Wadhwa +91 95222 20188 (Raipur) ● **Karnataka:** Vijaya K +91 99861 00672 ● **Kerala:** Sreeju VP +91 98950 13074 ● **New Delhi / NCR / Punjab:** Vaishali +91 96507 84966 ● **Maharashtra:** Rollen Frantz +91 97309 84048 (Pune) ● **Tamil Nadu & Puducherry:** Gopal Pandiyan +91 9894377327 (Chennai) ● **West Bengal:** Bibasha Pal +91 98311 13444 (Kolkata)